

Quality Respite Starts Here

Free, national training that supports respite providers, family caregivers and states.



WHAT IS NRCPT?

The National Respite Care Provider Training (NRCPT) is a free, online training designed to prepare respite providers to care for and support children, adults, and older adults. It equips providers to serve individuals with a wide range of disabilities and support needs across the lifespan. Whether you are:

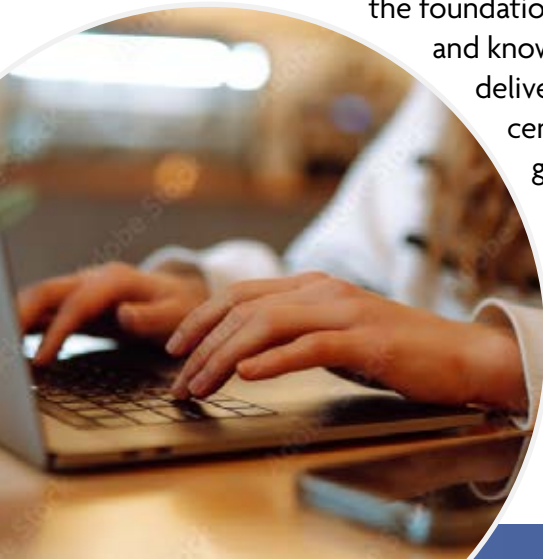
- A new or experienced respite provider or volunteer
- A family caregiver looking for trained support
- A state or state agency building workforce capacity

NRCPT helps strengthen the quality, safety, and accessibility of respite care.

WHY TRAINING MATTERS

Respite care gives family caregivers time to rest, recharge and support their ability to care for loved ones. But respite is only successful and meaningful when providers are prepared.

The NRCPT helps ensure respite providers have the foundational skills, confidence, and knowledge needed to deliver safe, person-centered care, while giving families and communities greater confidence in the support available to them.



HOW IS NRCPT DIFFERENT

- **Free and Accessible** — No cost to learners
- **Self-Paced Online Learning** — Complete on your schedule
- **National, Evidence-Informed Curriculum** — Built on the Respite Care Professional Core Competencies
- **Designed for Entry-Level & Current Providers** — Accessible for beginners and valuable for experienced caregivers
- **Care Across The Lifespan** — Prepares respite providers to support people of all ages, abilities and backgrounds
- **Supports Connection Between Providers and Families** — Strengthens pathways to trusted respite in local communities
- **Not a Certification Program** — Learners will receive a certificate of completion when done

How the National Respite Care Provider Training (NRCPT) can benefit you!



FOR RESPITE PROVIDERS & DIRECT CARE WORKERS

Build real-world skills. Gain confidence. Strengthen your credibility. Whether you are new to respite or already providing care, expand your opportunities with free training.

The NRCPT helps enhance professional pathways in caregiving:

- Complete 10 self-paced courses
- Earn a certificate of completion
- Develop skills in communication, safety & person-centered support
- Support individuals of all ages and abilities

Your care matters. The NRCPT helps you provide it with skill and confidence.

- Enroll in the free NRCPT and complete the training
- Ask your state or state agency if they offer the NRCPT Training



FOR FAMILY CAREGIVERS & CARE RECIPIENTS

Learn how the NRCPT prepares respite providers and volunteers to deliver safe, respectful care while helping communities expand access to trained providers.

NRCPT-trained respite providers gain foundational knowledge to:

- Support individuals across the lifespan
- Communicate effectively with families
- Promote safety, dignity and person-centered care
- Provide reliable respite support

The NRCPT helps ensure respite brings relief, not uncertainty.

- Ask your local respite programs if they use the NRCPT
- Encourage organizations and state agencies to adopt the NRCPT Toolkit



FOR STATES OR STATE AGENCIES

As demand for home and community-based services continues to grow, strengthen your local respite workforce with a ready-to-use training solution.

The NRCPT is a workforce development tool that's:

- Free, competency-based curriculum
- Scalable statewide
- Supports equitable access to trained providers
- Help connects trained providers with family caregivers

The NRCPT helps expand provider supply, increase caregiver access and support resilient communities.

- Adopt the NRCPT in your state
- Request Access to the NRCPT Toolkit
- Promote the NRCPT to Build Your Local Provider Pool

FREE. FLEXIBLE. UNIFORM. NATIONAL.

Strengthening respite care one provider, one family, one community at a time.

Now available in Spanish and Chinese-Mandarin!



For more information about the NRCPT Online Toolkit and training, email info@respiteprovidertraining.com. Or scan the QR code to visit respitecarewi.org/national-respite-care-provider-training-and-replication-toolkit

The NRCPT Toolkit was developed as part of the ACL-funded Respite Provider Recruitment, Training, and Retention Pilot Project with the ARCH National Respite Network and Resource Center (ARCH), National Academy for State Health Policy (NASHP) and the Respite Care Association of Wisconsin (RCAW).

